

MIDDLE SCHOOL EXTRAMURALS

SOCCER RULES AND GUIDELINES

- Four days per week of practice for “A” team. Maximum of two days per week for “C” team.
- Each athlete must have a minimum of ten (10) practice days before the first competition.

COMPETITION LEVELS

- “C” teams will consist of 6th grade participants. (No cuts)
- “A” team will consist of one team comprised of 6th, 7th and 8th graders. (Do not cut below 20)

Please note, if a student is cut from the “A” team and would like to turn out for another sport during the same season that does not have cuts, they will abide by WIAA rule 17.12.3 which states:

“Practices in one (1) sport can not be transferred toward the number of practices required in another sport.”

GENERAL INFORMATION

- Playing time – Teams must play a number of players equal to the smallest number of players on either team. (Example: Team “Red” has 15 players, Team “Blue” has 18 players; Team “Blue” must play 15 players.)
- A maximum of eleven (11) players are allowed on the field. Games can be played with less than eleven (11) players, but no less than nine (9) players. Both teams will play with the same amount of players on the field. (Example: Team “A” has ten (10) players; Team “B” has 15 players; Both teams will play with ten (10) players on the field)
- Two equal halves of 30 minutes each shall be played. Halves may be shortened (minimum of 20 minutes) if mutually agreed upon by the coaches and given to the head official before the game begins. Halftime will be 5 minutes in length.
- Emergency information/Equipment - emergency information cards and first aid box must be carried by the coach to all games.
- *AActivity Contract Form@* must be on file with the Athletic Director at each school.
- Physical - Each athlete is required to have a current physical form on file with the Athletic Director.
- School issued uniform - school colors, school names, and numbers.
- Each athlete must have a parent permission slip, current grade check, and proof of ASB sticker purchase on file with the building athletic director.

EQUIPMENT

- Goal Posts/Goals - measurement for soccer goals is 24 feet.
- Shin guards are required for each player.
- Regulation NFHS Soccer balls
- Players may wear sweatshirts/pants under their uniform.

RULES

Governed by Washington Interscholastic Activities Association and National Federation 2010-2011 Rules.