

# Middle School Athletic Checklist

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## Middle School Activities Contract & Eligibility Form

- Insurance section of form is complete (Medical Insurance is mandatory to participate in sports.)
- Medical Insurance can be purchased through the Tacoma School District. Please contact your building Athletic Director if this service is needed.
- Student and Parent Signatures are complete
- Physical Exam is complete and signed by the Physician. Physicals are good for **13 months** in the Tacoma School District.
- **Please note:** If your son/daughter will be wrestling, please have your physician complete the wrestling minimum weight section

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## Emergency Medical Card

- Form is complete
- Parent Signature is complete

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## Concussion Information Form

- Form has been read and signed by both the Student and Parent

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## ASB Card Purchased

- Cost of ASB is \$15.00