

Services for People with Disabilities or Parents of Children with Disabilities

Program	Location(s)	Population Served	Program Description	Contact Information	How to Enroll	Cost to Participants
Fetal Alcohol Syndrome Family Resource Institute	PO Box 2525 Lynnwood, WA 98036	Parents of children with Fetal Alcohol Syndrome.	Parent support and advocacy groups, information packets about FAS, a quarterly newsletter, FAS/E needs assessment manual, assistance in finding help, someone to talk with about FAS.	1-800-999-3429 or (253) 531-2878 See website: www.fetalalcoholsyndrome.org	Call or email to sign up for support groups or to receive other services.	Suggested donation of \$15/family or \$25/professional for membership in the organization.
Infant Toddler Early Intervention Program	Pierce County Human Services Developmental Disabilities 8811 South Tacoma Way Lakewood, WA 98499	Parents of young children (birth to 3) with disabilities or potential disabilities.	Early intervention services for children with disabilities/developmental delays and their families. The program also has information and help for parents who are concerned that their baby may have developmental delays.	Healthy Mothers, Healthy Babies: 1-800-322-2588 or 1-800-833-6388	Call "Healthy Mothers, Healthy Babies" phone number.	Free.
Metro Parks' Specialized Recreation	Manitou Community Center 4806 S. 66 th St. Tacoma, WA 98409	Anyone with a disability or disabilities.	Metro Parks has several programs for various age groups and interests (most of which meet on a weekly basis). Specialized Rec includes a bowling league, outdoor adventure club, an On the Town Saturday group, many more specific groups. Groups go to the movies, hiking, have parties, go to laser tag, etc, and many groups' activities are decided weekly by the group members.	(253) 591-5314 for more information. Also, the website describes the various interest groups/clubs. Go to metroparkstacoma.org , click on "Activities & Classes," and then see "Specialized Recreation." www.metroparkstacoma.org	For most groups, pre-registration is required. The forms are available online, or contact Manitou for a form.	Contact Manitou for more information.
Pierce County Coalition for Developmental Disabilities	6315 S. 19 th St. Suite 10 Tacoma, WA 98466	Individuals with disabilities and their families.	Workshops, information, newsletter, resource guide and other support for individuals with disabilities and their families.	(253) 564-0707 See website: www.pc2online.org	Call or email to request information or to set up an appointment.	Services are free unless otherwise stated.

Program	Location(s)	Population Served	Program Description	Contact Information	How to Enroll	Cost to Participants
Read, Inc. Einstein Learning Center	4707 S. Junett – Suite B Tacoma, WA 98409	People with learning disabilities or difficulties reading.	Testing, consulting, and skill development instruction for learning disabled students.	(253) 474-7997, Or e-mail: einsteinlearning@aol.com	Call to set up a screening appointment. The screening appointment costs \$50 and lasts 1 hour.	Cost varies depending on services provided. Call for specific information. Some health insurance companies will pay part of the cost.
STOMP (Specialized Training of Military Parents)	6316 South 12 th St. Tacoma, WA 98465	Military families who have children with special education or health needs.	STOMP is a federally funded Parent Training and Information program that provides military parents with individual assistance and information about parent rights and responsibilities in achieving special education services for their children whether located in the US or overseas. Services include parent workshops, materials regarding disabilities and rights of the disabled, and online discussion board.	Tacoma office: (253) 565-2266, or e-mail stomp@washingtonpave.com Parents can call the STOMP Program collect from anywhere in the US or overseas. 1-800-5-PARENT. See website: www.stompproject.org .	To join the daily List Serve, send a blank email to: STOMP-subscribe@topica.com For other services, contact the STOMP office.	Free services: Direct consultation with families, technical assistance to professionals, some materials, information and referrals, and online services. Services with Fees: Workshops and some materials.
Tacoma Learning Center	Tacoma Community College Campus 6316 South 12th Tacoma, WA 98465	Children ages 0-3 with special needs and their parents.	A cooperative early intervention preschool that offers education, therapeutic consultation, and parent education services.	(253) 565-4887 or email at: info@tacomalearningcenter.com See website: www.tacomalearningcenter.com	Contact TLC Office	Disabled children are funded through Pierce County Human Services at no cost to their families. Normally developing children are charged no fee or a small fee.
Washington PAVE	6316 South 12th Tacoma, WA 98465 (on the Tacoma Community College campus 12 th St. parking lot)	Parents of children with disabilities and adults.	Provides emotional support and information on community resources for parents with a child with a disability and chronic health needs.	(253) 565-2266 1-800-5-Parent See website: www.washingtonpave.org .	Call or make an appointment to visit the office.	\$15/year for the PAVE newsletter \$15 for each workshop per single or couple. Some parent scholarships are available upon request. Online services are free.

Program	Location(s)	Population Served	Program Description	Contact Information	How to Enroll	Cost to Participants
Washington Talking Book and Braille Library	2021 9th Avenue Seattle, WA 98121-2783	People with sight impairment or learning disability (such as dyslexia).	Provides books on tape, in Braille, or in large print. Books usually arrive within 7 days of order; General reading, novels, etc. available.	(206) 615-0400 or toll-free at 1-800-542-0866. E-mail wtbbl@wtbbl.org See website: www.spl.org/wtbbl/wtbbl.html	There is an application that must be completed and signed by a medical doctor. Applications are available online or by phone.	Free. (Return postage is paid for on books and tapes.)